



2018 AVCA Annual Convention Seminars At-A-Glance Minneapolis, Minnesota

***Please note that any coach who reaches the NCAA Division I Women's Volleyball Championships will be excused from their presentation(s). Schedule updates will be posted in the convention center and sent out through the AVCA 365 App.**

***Session is being audio recorded.** Audio recording will be available complimentary to AVCA members on the AVCA website.

****Session is being video recorded** by Art of Coaching Volleyball. Videos will be available complimentary to convention attendees for a 30-day period beginning in late January or early February. Videos will be available for purchase on the Art of Coaching Volleyball site after the complimentary access period is closed. Complimentary access period details will be sent to all convention attendees.

MCC = Minneapolis Convention Center

| DATE & TIME | SEMINAR TITLE <i>(Suggested Audience/Level)</i> | LOCATION | SPEAKER(S) |
|-------------------------------------|---|---------------------------------|--|
| Wednesday, December 12, 2018 | | | |
| 1 – 4 p.m. | Pre-Convention Seminar: Attacking with Defense – Creating Efficient Transition Attack with Effective Defensive Systems – presented by United States Marine Corps | MCC Level One Auditorium Room 1 | Luka Slabe (USAV Women's Team) |
| 4:15 – 5:15 p.m. | AVCA Convention 101: What Every First-Time Attendee Needs to Know* <i>(All – Basic)</i> | MCC Level One Auditorium Room 1 | Chuck Rey (Winthrop), Brian Swenty (Vilseck High School) & Becca Acevedo (Winthrop) |
| 6 – 7:30 p.m. | Opening Session: Fueling Your Inner Fire – How to Stay Passionate About Coaching Throughout Your Career* (open to all attendees with a pre-con/full or full registration package) <i>(All – Intermediate)</i> | MCC Level One Main Auditorium | Mick Haley |
| Thursday, December 13, 2018 | | | |
| 10:30 – 11:30 a.m. | Transition Attack in Action: Fundamentals and Systems** <i>(All – Intermediate)</i> – presented by USA Volleyball | Mateflex Court 1 | Luka Slabe (USAV Women's Team) |
| 10:30 – 11:30 a.m. | Serve Receive Passing: Techniques and Training** <i>(All – Intermediate)</i> | Mateflex Court 2 | Andrew Clifton (Oregon Institute of Technology) |
| 10:30 – 11:30 a.m. | Baby Court: Lessons Learned from Playing Volleyball in a Less Than Ideal Space and Applying Them to Player Development** <i>(All – Advanced)</i> | Beach Court | Stein Metzger (UCLA Beach) |
| 10:30 – 11:30 a.m. | Getting What You Want and Need from Your Administration* <i>(All – Intermediate)</i> | MCC Level One Main Auditorium | Kelly Sheffield (Wisconsin) |
| 10:30 – 11:30 a.m. | The Art of Defense: Tactics to Help Your Team Succeed* <i>(All – Intermediate)</i> – presented by Art of Coaching Volleyball | MCC Level One Auditorium Room 1 | Terry Liskevych (Art of Coaching Volleyball) |
| 10:30 – 11:30 a.m. | Inside the NCAA Division III Tournament Selection Process* <i>(Division III – Intermediate)</i> | MCC Level One Auditorium Room 3 | Jan Gentry (NCAA) & Matt Schoultz (Lawrence University) |
| 10:30 – 11:30 a.m. | Training the Bic: The Setter/Hitter Connection* <i>(Men's/Boys' – Intermediate)</i> | MCC Lower Level 100FG | Jay Hosack (George Mason) |
| 10:30 – 11:30 a.m. | #SHECANCOACH: Ways to Support and Develop Women Coaches* <i>(All – Intermediate)</i> | MCC Lower Level 100HI | Vicki Brown (Iowa) & Nicole LaVoi (Tucker Center for Research on Girls and Women in Sport – University of Minnesota) |
| 10:30 – 11:30 a.m. | Coaching Camp with Cathy George (By Invitation Only) | MCC Mezzanine Level 100E | Cathy George (Michigan State) |
| 10:30 – 11:30 a.m. | Coach-the-Coach: Technical and Tactical Setting (Participants Must Sign-Up in Advance) | MCC Mezzanine Level 100D | John Dunning (Stanford – Retired) |
| 11:45 – 12:45 p.m. | Master Your Coaching and Career: Coach to Your Strengths and Build a Winning Team* <i>(All – Intermediate)</i> – presented by Jostens | MCC Level One Auditorium Room 1 | Bo Hanson (Athlete Assessments) |
| 11:45 – 12:45 p.m. | Integrating Volleyball Injury Data into Performance Training Decisions* <i>(All – Intermediate)</i> – presented by Jostens | MCC Level One Auditorium Room 2 | Kyle Norris (Iowa Lake Community College) |
| 1 – 2 p.m. | Numbers vs. Feelings: Talking to Your Players about Stats* <i>(All – Intermediate)</i> – presented by Jostens | MCC Level One Auditorium Room 1 | Eduardo Fiallos (Colorado) |
| 1 – 2 p.m. | Growing Your Team's Communication: Getting Your Team to Talk, Think and Perform at a High Level* <i>(All – Intermediate)</i> – presented by Jostens | MCC Level One Auditorium Room 2 | Hernando Planells (Duke Women's Basketball) |
| 2:30 – 3:30 p.m. | Do We Really Know We are Teaching the Right Things? A Reevaluation of Ball-Setter-Ball-Hitter and Drill Ideas to Teach Better Visual Blocking <i>(Men's/Boys' – Intermediate)</i> – presented by USA Volleyball | Mateflex Court 1 | John Speraw (USAV Men's Team & UCLA) |
| 2:30 – 3:30 p.m. | Training Your Team to Compete at the Highest Level: Strategies for Creating Game-Like Repetitions in Practice** <i>(All – Intermediate)</i> | Mateflex Court 2 | Susan Halverson-Maloney (Ohio State) |
| 2:30 – 3:30 p.m. | Developing an Offensive and Defensive System – Playing to the Strengths of Your Athletes** <i>(All – Advanced)</i> | Beach Court | Angie Akers (Netherlands Beach Volleyball) |
| 2:30 – 3:30 p.m. | Concepts and Strategies to Develop an Elite Setter* <i>(All – Intermediate)</i> | MCC Level One Main Auditorium | Erin Virtue (USAV Women's Team & Northwestern) |
| 2:30 – 3:30 p.m. | What the Eye Should Look for When Watching Video* <i>(College – Intermediate)</i> | MCC Level One Auditorium Room 1 | Gary White (Wisconsin), JJ Van Niel (USC), Luka Slabe |

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| | | | (USAV Women's Team) & Giuseppe Vinci (Hudl) - Moderator |
| 2:30 – 3:30 p.m. | Recruiting to Propel Your Program Forward: The Phases of Recruiting When Developing Your Program* (<i>College – Intermediate</i>) | MCC Level One Auditorium Room 2 | Michaela Franklin (Clemson) |
| 2:30 – 3:30 p.m. | Wins, Losses and the Journey to Longevity* (<i>All – Intermediate</i>) – presented by WeCOACH | MCC Level One Auditorium Room 3 | Amber Warners (Calvin College), Beth Laniere (Utah), Cathy George (Michigan State), Kirsten Bernthal-Booth (Creighton), Christy Johnson-Lynch (Iowa State) & Megan Kahn – Moderator (WeCOACH) |
| 2:30 – 3:30 p.m. | Coaching Camp with John Dunning (By Invitation Only) | MCC Mezzanine Level 100E | John Dunning (Stanford – Retired) |
| 2:30 – 3:30 p.m. | Coach-the-Coach: Swing Blocking Analysis (Participants Must Sign-Up in Advance) | MCC Mezzanine Level 100D | Kevin Ulmer (Bemidji State) |
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| 3:45 – 4:45 p.m. | It's a Simple Game: Don't Miss and Just Pass to the Target** (<i>All – Intermediate</i>) | Mateflex Court 1 | Mark Barnard (Oregon State) |
| 3:45 – 4:45 p.m. | Attacking without Excuse: Techniques to Improve Player Efficiency and Consistency** (<i>All – Intermediate</i>) | Mateflex Court 2 | Kenneth Bentley (University of Manitoba) |
| 3:45 – 4:45 p.m. | The Wind Game – How to Use the Wind to Your Advantage** (<i>All – Advanced</i>) | Beach Court | Angie Akers (Netherlands Beach Volleyball) |
| 3:45 – 4:45 p.m. | A Look Back at the Most Important Things I Have Learned About Coaching* (<i>All – Intermediate</i>) | MCC Level One Main Auditorium | John Dunning (Stanford – Retired) |
| 3:45 – 4:45 p.m. | How to Recruit a Great Libero* (<i>College – Intermediate</i>) – presented by AVCA Recruiting Task Force | MCC Level One Auditorium Room 1 | Jill Wilson (Virginia Tech), Craig Skinner (Kentucky), Tonya Johnson (Texas) & Kathy Jewell (Purdue) |
| 3:45 – 4:45 p.m. | Practice Techniques to Better Prepare Your Players for the Speed of the Men's Game* (<i>Men's/Boys' – Intermediate</i>) | MCC Level One Auditorium Room 2 | Charlie Ginex (Kean University) |
| 3:45 – 4:45 p.m. | Stop Competing and Start Winning: Ideas and Tools to Create a Winning Culture in Your Program* (<i>All – Advanced</i>) | MCC Level One Auditorium Room 3 | Beth Laniere (Utah) & Leo Hopf (Teamhopf) |
| 3:45 – 4:45 p.m. | Balancing the Roles of Mom and Coach – Small Group Roundtable Discussion & Idea Sharing (<i>All – Intermediate</i>) | MCC Lower Level 100BC | Megan Lenhart (Davenport University), Trish Siedlik (Bellevue University) & Becky Schmidt (Hope College) |
| 3:45 – 4:45 p.m. | Coaching Camp with Luka Slabe (By Invitation Only) | MCC Mezzanine Level 100E | Luka Slabe (USAV Women's Team) |
| 3:45 – 4:45 p.m. | Coach-the-Coach: Mechanics of Attacking (Participants Must Sign-Up in Advance) | MCC Mezzanine Level 100D | Mick Haley |
| Friday, December 14, 2018 | | | |
| 8:15 – 10:15 a.m. | Beach Coach Master Class* (<i>All – Advanced</i>) – presented by USA Volleyball <ul style="list-style-type: none"> Part I: USA Beach National Team Program – How We Fell Behind and What We are Doing to Get Back on Top Part II: Becoming a Pro – How College Beach Coaches are Essential to this Process | MCC Level One Auditorium Room 1 | Tyler Hildebrand (USAV Beach National Teams) |
| 8:30 – 10:15 a.m. | Super Session: Why We Win & Semifinal Match Analysis* (<i>All – Intermediate</i>) – presented by United States Marine Corps <ul style="list-style-type: none"> Semifinal Match Analysis – Todd Dagenais & Nicki Holmes Why We Win – Jerritt Elliott, Kirsten Bernthal-Booth, Dan Fisher & Marie Zidek – Moderator | MCC Level One Main Auditorium | Todd Dagenais (Central Florida), Nicki Holmes (George Washington), Jerritt Elliott (Texas), Kirsten Bernthal-Booth (Creighton), Dan Fisher (Pittsburgh) & Marie Zidek – Moderator (DePaul) |
| 10:30 – 11:30 a.m. | Using Serving Velocity Data to Optimize Point Scoring* (<i>All – Advanced</i>) | MCC Level One Auditorium Room 1 | Kerry MacDonald (University of British Columbia) |
| 10:30 – 11:30 a.m. | VolleyTalk – Beginning and Managing a Successful Program from the Ground Up* (<i>High School/Club – Intermediate</i>) | MCC Level One Auditorium Room 2 | Gary Bynon (Burnt Hills – Ballston Lake High School) |
| 10:30 – 11:30 a.m. | Update the Delivery System - Connecting with your Student-Athletes Today* (<i>All – Intermediate</i>) | MCC Level One Auditorium Room 3 | Theresa Beekman (Growing Leaders, Inc.) |
| 10:30 – 11:30 a.m. | Lessons Learned as a First Year DOVO* (<i>DOVO – Intermediate</i>) | MCC Lower Level 100DE | Cody Drattlo (Mississippi State), Janet Hinz (Michigan), Kara Thomason (Clemson) & Shane Wilkinson (Indiana) – Moderator |
| 11:45 – 12:45 p.m. | Homework Assignments Between Practices that Lead to Tangible Results in the Gym* (<i>All – Intermediate</i>) | MCC Level One Auditorium Room 1 | Kyle Mashima (Rotate123) |
| 11:45 – 12:45 p.m. | How to Automate Club Management* (<i>High School/Club – Advanced</i>) | MCC Level One Auditorium Room 2 | Rodrigo Gomes (Northern Virginia Volleyball Association) |
| 11:45 – 12:45 p.m. | Benchmarks for Winning* (<i>All – Intermediate</i>) | MCC Level One | Tim Doyle (William and Mary) |

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| | | Auditorium Room 3 | & Kevin Antonevic (William and Mary) |
| 11:45 – 12:45 p.m. | Measuring Performance for Practice Design and Beach Player Development* (<i>Beach – Intermediate</i>) | MCC Lower Level 100HI | Wayne Holly (Tulane) |
| 11:45 – 12:45 p.m. | Best Practices to be Successful as a DOVO* (<i>DOVO – Intermediate</i>) | MCC Lower Level 100DE | Kyle Thompson (Maryland) & Bobbi Sumpter (Washington) |
| 1:15 – 2:15 p.m. | Training the Right Side Player to be an X-Factor** (<i>All – Intermediate</i>) | Mateflex Court 1 | Laura “Bird” Kuhn (Texas A&M) |
| 1:15 – 2:15 p.m. | Drills and Strategies to Improve Individual Defense** (<i>All – Intermediate</i>) | Mateflex Court 2 | Brian Gimmillaro (Long Beach State – Retired) |
| 1:15 – 2:15 p.m. | Designing a Practice Plan to Get the Most from Your Training Program: Strength and Conditioning + Themed Training = Maximum Results** (<i>All – Advanced</i>) | Beach Court | Angie Akers (Netherlands Beach Volleyball) |
| 1:15 – 2:15 p.m. | Things I Wish I Would Have Known in Coaching* (<i>All – Intermediate</i>) | MCC Level One Main Auditorium | Jamie Morrison (Netherlands Women’s Team) |
| 1:15 – 2:15 p.m. | Real Life Insights on Driving a Winning Team Culture: Get an Insider’s Perspective on Lessons Learned and Key Success Factors in Driving Your Team to New Levels of Success* (<i>College – Intermediate</i>) | MCC Level One Auditorium Room 1 | Heather Mazeitis-Fontenot (Louisiana at Lafayette) & Bo Hanson (Athlete Assessments) |
| 1:15 – 2:15 p.m. | Blocked to Random: Creating the Appropriate Challenge Point for Your Athletes in Practice* (<i>All – Intermediate</i>) – presented by Gold Medal Squared | MCC Level One Auditorium Room 2 | Chris McGown (Gold Medal Squared) |
| 1:15 – 2:15 p.m. | Is It Worth It to Build My Own Volleyball Facility? Understanding the Key Considerations of this Decision* (<i>High School/Club – Intermediate</i>) – presented by JVA | MCC Level One Auditorium Room 3 | Allan Rayson (PaidUp) & Steve Sack (Michigan Elite Volleyball Academy) |
| 1:15 – 2:15 p.m. | Examining the DOVO Role in Branding and Social Media* (<i>DOVO – Intermediate</i>) | MCC Lower Level 100DE | Caitlin Insana (Ohio State) & Andy Wenstrand (Illinois) |
| 1:15 – 2:15 p.m. | Coaching Camp with Mary Wise (By Invitation Only) | MCC Mezzanine Level 100E | Mary Wise (Florida) |
| 1:15 – 2:15 p.m. | Coach-the-Coach: Serve Receive Training and Strategy (Participants Must Sign-Up in Advance) | MCC Mezzanine Level 100D | John Dunning (Stanford – Retired) |
| 2:30 – 3:30 p.m. | How to Incorporate the Jump Float Serve as a Weapon for Your Team** (<i>All – Intermediate</i>) – presented by USA Volleyball | Mateflex Court 1 | Karch Kiraly (USAV Women’s Team) |
| 2:30 – 3:30 p.m. | Maximize Your Players’ Potential to Compete Against Any Opponent** (<i>All – Intermediate</i>) | Mateflex Court 2 | Michael Sopocy (North Park University) & Bryce Pomplun (North Park University) |
| 2:30 – 3:30 p.m. | TEACH Before You Coach: Getting Young Players Started on the Beach and Transitioning Indoor Players to the Beach (<i>High School/Club/Youth – Beginner</i>) – presented by JVA | Beach Court | Patty Dodd (MB Sand) |
| 2:30 – 3:30 p.m. | Surviving the Silence: Recognizing the Signs of Abuse and How to Manage the After Effects* (<i>All – Intermediate</i>) | MCC Level One Main Auditorium | Ray Vance (Bluefield College), Emily Swanson (Lasater and Martin), Sarah Powers-Barnhard (Powers Volleyball Club) & Eric Barreras (U.S. Center for SafeSport) |
| 2:30 – 3:30 p.m. | How to Overcome Fear and Spend More Time in the Jungle* (<i>All – Intermediate</i>) | MCC Level One Auditorium Room 1 | Trevor Ragan (Train Ugly) |
| 2:30 – 3:30 p.m. | Expanding Your Recruiting Reach: Strategies for Recruiting International Players Successfully* (<i>College – Intermediate</i>) | MCC Level One Auditorium Room 2 | Jesica Umansky (Sportlinx360) & Giuseppe Vinci (Hudl) |
| 2:30 – 3:30 p.m. | Coaching 101: Secrets, Lessons and Advice* (<i>All – Intermediate</i>) – presented by USA Volleyball – CAP | MCC Level One Auditorium Room 3 | Sue Gozansky (UC – Riverside – retired) |
| 2:30 – 3:30 p.m. | More Funds and Fans Donor Panel: How Boosters and Fan Clubs Contribute to Successful Programs* (<i>All – Intermediate</i>) – presented by MotorMVB | MCC Lower Level 100FG | Wade Garard (MotorMVB), Jen Gednalske (Point U! Boosters, Minnesota Volleyball Booster Club) & Scott Stowell (CalAtlantic Group, Inc) |
| 2:30 – 3:30 p.m. | Putting it All Together: Strategies for Managing Your Daily Duties as a DOVO* (<i>DOVO – Intermediate</i>) | MCC Lower Level 100DE | CJ Hunter (Duke), Shari Davis (Northwestern), Eric Arriaga (Loyola University Maryland), Taylor Filzen (Dayton) & Christina Falcone Lingley (Teamworks) - Moderator |
| 2:30 – 3:30 p.m. | Coaching Camp with John Dunning (By Invitation Only) | MCC Mezzanine Level 100E | John Dunning (Stanford – Retired) |
| 2:30 – 3:30 p.m. | Coach-the-Coach: Serving Mentality and Tactics (Participants Must Sign-Up in Advance) | MCC Mezzanine Level 100D | Amber Warners (Calvin College) |
| 3:45 – 4:45 p.m. | Using External Feedback to Teach Attacking Footwork** (<i>All – Intermediate</i>) – presented by National Volleyball Association | Mateflex Court 1 | Jamie Morrison (Netherlands Women’s Team) |
| 3:45 – 4:45 p.m. | Teaching and Training Setting and Attacking with Spin at the Youth Level** (<i>High School/Club – Intermediate</i>) – presented by JVA | Mateflex Court 2 | John Shondell & John Rodriguez (The Academy) |

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| 3:45 – 4:45 p.m. | Around the World: Beach Volleyball Defensive Systems and Tactics (<i>All – Advanced</i>) – presented by USA Volleyball – BCAP | Beach Court | Tyler Hildebrand (USAV Beach National Teams) |
| 3:45 – 4:45 p.m. | Examining the Game from a Coach's Perspective: Analyzing Skills and Techniques from the NCAA Semifinal Matches* (<i>All – Intermediate</i>) | MCC Level One Main Auditorium | Mick Haley & Brian Gimmillaro (Long Beach State – Retired) |
| 3:45 – 4:45 p.m. | How to Conduct an Official Campus Visit and Get the Players You Want* (<i>College – Intermediate</i>) | MCC Level One Auditorium Room 1 | Dan Tudor (Tudor Collegiate Strategies) |
| 3:45 – 4:45 p.m. | Mental Health Playbook: A Coach's Guide to Self-Care and to Supporting Student-Athlete Mental Well-Being (<i>All – Intermediate</i>) – presented by the NCAA Sport Science Institute | MCC Level One Auditorium Room 2 | Jessica Wagner (NCAA Sports Science Institute) |
| 3:45 – 4:45 p.m. | The <i>Other Ace</i> : Nailing the Job Interview* (<i>All – Intermediate</i>) – presented by Coaches Inc. | MCC Level One Auditorium Room 3 | Garry Rosenfield (Coaches Inc.) |
| 3:45 – 4:45 p.m. | Developing a Team and Leadership – Ideas and Strategies to Improve Yourself and Your Team* (<i>Men's/Boys' – Intermediate</i>) | MCC Lower Level 100FG | Steve Benson (Limestone College) |
| 3:45 – 4:45 p.m. | Embracing the Journey in the DOVO Role* (<i>DOVO – Intermediate</i>) | MCC Lower Level 100DE | Aaron Hastings (West Virginia) & Shane Wilkinson (Indiana) – Moderator |
| 3:45 – 4:45 p.m. | Coaching Camp with Karch Kiraly (By Invitation Only) | MCC Mezzanine Level 100E | Karch Kiraly (USAV Women's Team) |
| 3:45 – 4:45 p.m. | Coach-the-Coach: Hand Setting in the Beach Game (Participants Must Sign-Up in Advance) | MCC Mezzanine Level 100D | Angie Akers (Netherlands Beach Volleyball) |
| Saturday, December 15, 2018 | | | |
| 9 – 10 a.m. | Activities that Will Take Your Practices to the Next Level (<i>All – Intermediate</i>) – presented by USA Volleyball – CAP | Mateflex Court 1 | Rob Browning (Saint Mary's) |
| 9 – 10 a.m. | Serving for an Edge: Tactics and Strategies to Develop a Better Serving Individual and Team** (<i>All – Intermediate</i>) | Mateflex Court 2 | Adam Hughes (Maryland) |
| 9 – 10 a.m. | Setting Drills to Improve Player Skill Level and Performance on the Beach** (<i>All – Advanced</i>) | Beach Court | Tanya Allen (Texas A&M Kingsville) |
| 9 – 10 a.m. | 9 New Rules to Follow for Early Recruiting Success* (<i>All – Intermediate</i>) | MCC Level One Main Auditorium | Mandy Green (Tudor Collegiate Strategies) |
| 9 – 10 a.m. | How Improv, Storytelling and Mindfulness Can Connect a Team and Build Leaders* (<i>All – Intermediate</i>) | MCC Level One Auditorium Room 1 | Taylor Williams (Guts & Glory Creative Consulting) |
| 9 – 10 a.m. | Growing Volleyball in Urban Communities* (<i>All – Intermediate</i>) | MCC Level One Auditorium Room 2 | Gerry Maticotta (Founder of DIII Men's Championship) & Dr. Jason Demas (Queensborough Community College) |
| 9 – 10 a.m. | Top Ten Ways to Grow Your Program at the High School and Club Level* (<i>High School/Club – Intermediate</i>) – presented by JVA | MCC Level One Auditorium Room 3 | Emily Hawthorne (The Academy Volleyball Club) |
| 9 – 10 a.m. | Considerations for Training the Jumping Athlete* (<i>Strength & Conditioning – Intermediate</i>) | MCC Lower Level 100DE | Tim Pelot (USA Men's National Team) |
| 9 – 10 a.m. | Coaching Camp with Karch Kiraly (By Invitation Only) | MCC Mezzanine Level 100E | Karch Kiraly (USAV Women's Team) |
| 9 – 10 a.m. | Coach-the-Coach: Teaching Defensive Techniques (Participants Must Sign-Up in Advance) | MCC Mezzanine Level 100D | Tia Brandel-Wilhelm (Ferris State University) |
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| 10:15 – 11:15 a.m. | Blocked to Random: Getting the Right Level of Game-like Activity in Your Drills (<i>All – Intermediate</i>) – presented by Gold Medal Squared | Mateflex Court 1 | Rob Browning (Saint Mary's) |
| 10:15 – 11:15 a.m. | Visual-Eyes Volleyball: Drills to Improve Player Anticipation Skills and Game IQ** (<i>All – Intermediate</i>) | Mateflex Court 2 | Chad Hanson (Dordt College) |
| 10:15 – 11:15 a.m. | Training Offensive Systems on the Beach: Approach Lines, Angles and Priorities (<i>All – Advanced</i>) – presented by USA Volleyball – BCAP | Beach Court | Tyler Hildebrand (USAV Beach National Teams) |
| 10:15 – 11:15 a.m. | DISC – Creating High Performing Team Dynamics* (<i>All – Intermediate</i>) | MCC Level One Main Auditorium | Christy Johnson-Lynch (Iowa State) & Ryan Ford (Leadership and Team Behavioral Consultant) |
| 10:15 – 11:15 a.m. | Mental Training: Steering Wheels and Spare Tires* (<i>All – Intermediate</i>) – presented by USA Volleyball – CAP | MCC Level One Auditorium Room 1 | Dan Mickle (York College of Pennsylvania) |
| 10:15 – 11:15 a.m. | Serve Receive by the Numbers: Is Passer Rating a Valuable Measurement?* (<i>Men's/Boys' – Intermediate</i>) | MCC Level One Auditorium Room 2 | Dan Matthews (Cardinal Stritch University) & Tomás Goldsmith (Cardinal Stritch University) |
| 10:15 – 11:15 a.m. | Creating a SafeSport: Recognizing and Ending Abuse in Our Sport* (<i>All – Intermediate</i>) – presented by U.S. Center for SafeSport | MCC Level One Auditorium Room 3 | Eric Barreras (U.S. Center for SafeSport) |
| 10:15 – 11:15 a.m. | Off-Court Training Considerations for the NCAA Volleyball Athlete* (<i>Strength & Conditioning – Intermediate</i>) | MCC Lower Level 100DE | Matt DeLancey (Florida) |
| 10:15 – 11:15 a.m. | Coaching Camp with Brian Gimmillaro (By Invitation Only) | MCC Mezzanine Level 100E | Brian Gimmillaro (Long Beach State – Retired) |
| 10:15 – 11:15 a.m. | Coach-the-Coach: Attacking Off of One Foot (Participants Must Sign-Up in Advance) | MCC Mezzanine Level 100D | Matthew Darling (Gannon University) |
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| 11:30 – 12:30 p.m. | Passing Drills and Techniques to Develop Individual Skill Level and Increase Team Success** (<i>All – Intermediate</i>) | Mateflex Court 1 | Brian Gimmillaro (Long Beach State – Retired) |
| 11:30 – 12:30 p.m. | Developing Blocking Skills: Taking Your Team to the Next Level** (<i>All – Intermediate</i>) | Mateflex Court 2 | Jen Malcom (Iowa State) |

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| 11:30 – 12:30 p.m. | Beach Volleyball Strategies for the Women's and Juniors' Game** (<i>High School/Club - Intermediate</i>) | Beach Court | Andrew Bennett (Tamarack Beach Volleyball Club) |
| 11:30 – 12:30 p.m. | Give Your Athletes an Edge with Vision Training: Strobe Glasses Research, Practical Uses and Strategies for Team Implementation* (<i>All – Intermediate</i>) | MCC Level One Main Auditorium | Ryan Lengerich (Marquette) & Herb Yoo (Senaptec) |
| 11:30 – 12:30 p.m. | Making Your Match Fun and Interactive for Your Fans* (<i>All – Intermediate</i>) | MCC Level One Auditorium Room 1 | Ray Gooden (Northern Illinois) |
| 11:30 – 12:30 p.m. | Growing Boys' High School Volleyball Successfully! How Minnesota Did It* (<i>Men's/Boys' – Intermediate</i>) | MCC Level One Auditorium Room 2 | Krista Flemming (Minnesota Boys' High School Volleyball) & Jenny Kilkelly (Minnesota Boys' High School Volleyball) |
| 11:30 – 12:30 p.m. | Marine Corps Coaching Workshop: Challenging the Leader in You* (<i>All – Intermediate</i>) | MCC Level One Auditorium Room 3 | Panel TBD |
| 11:30 – 12:30 p.m. | Injury Prevention – Keeping Athletes in the Gym* (<i>Strength & Conditioning – Intermediate</i>) | MCC Lower Level 100DE | Tim Pelot (USA Men's National Team) |
| 11:30 – 12:30 p.m. | Coaching Camp with Mick Haley (By Invitation Only) | MCC Mezzanine Level 100E | Mick Haley |
| 11:30 – 12:30 p.m. | Coach-the-Coach: Blocking Tips and Techniques (Participants Must Sign-Up in Advance) | MCC Mezzanine Level 100D | Dan Matthews (Cardinal Stritch University) |
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| 12:45 – 1:45 p.m. | Exhibitor Showcase Session: Head High School Coaches Learn Volleyball1on1's "What Great Looks Like!" ® "Superior Coaching Systems"™ and receive a 250-page Volleyball1on1 Coaches Manual* (<i>All – All</i>) – presented by Volleyball1on1 | MCC Level One Main Auditorium | Andor Gyulai & Vanessa Summers (Volleyball1on1) |
| 12:45 – 1:45 p.m. | Exhibitor Showcase Session: Why Athletes Choose (or Don't Choose) Your Club* (<i>All – All</i>) – presented by Hudl | MCC Level One Auditorium Room 1 | Sean Carney (Hudl) |
| 12:45 – 1:45 p.m. | Exhibitor Showcase Session: Unveiling Volleyball's Future Technology - Simple Tools with a Dramatic Impact on Player Safety and Performance* (<i>All – All</i>) – presented by VERT | MCC Level One Auditorium Room 2 | David Gil (VERT) |
| 12:45 – 1:45 p.m. | Exhibitor Showcase Session: Technology Matters: Effectively Connecting Your Athletes with College Coaches* (<i>All – All</i>) – presented by NCSA | MCC Lower Level 100DE | Dan Cornely (NCSA) |
| 12:45 – 1:45 p.m. | Exhibitor Showcase Session: Cheap, Fixed Price Video Breakdowns; Beach Stats; Practice and Tryout Stats. Get the Latest Product Demo's from Rotate123* (<i>All – All</i>) – presented by Rotate123 and Solostats123 | MCC Lower Level 100FG | Kyle Mashima (Rotate123 and Solostats123) |
| 12:45 – 1:45 p.m. | Exhibitor Showcase Session: Get Out of the Payment Dark Ages with Modern Technology* (<i>All – All</i>) – presented by Payball | MCC Lower Level 100HI | Pete Makover (Payball) |
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| 12:45 p.m. | JVA Annual Meeting (open to all club directors and coaches and high school coaches) – Keynote Presentation: Train Your Athletes to Learn Like a Jungle Tiger | MCC Level One Auditorium Room 3 | Trevor Ragan (Train Ugly) |
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| 2 – 3 p.m. | Teaching Players How to Read* (<i>All – Intermediate</i>) | MCC Level One Main Auditorium | John Dunning (Stanford – Retired) |
| 2 – 3 p.m. | Supporting Sleep in the Collegiate Athlete: Why, How, When?* (<i>All – Intermediate</i>) | MCC Level One Auditorium Room 1 | Roxanne J. Prichard (Center for College Sleep at the University of St. Thomas) |
| 2 – 3 p.m. | This isn't Identity Politics: How Identity Affects Athletes* (<i>All – Intermediate</i>) | MCC Level One Auditorium Room 2 | Jen Fry (Duke) |
| 2 – 3 p.m. | How Much is Enough? Using Zephyr Performance Data to Establish Normative Training Loads for Volleyball* (<i>Strength & Conditioning – Intermediate</i>) | MCC Lower Level 100DE | Dr. Mark Tompkins (Minnesota), Sara Wiley (Minnesota) & Ronni Beatty-Kollasch (Minnesota) |
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| 3:15 – 4:15 p.m. | Closing Session: Taking Care of Yourself So You Can Take Care of Your Team* (<i>All – Intermediate</i>) | MCC Level One Main Auditorium | John Dunning (Stanford – Retired) |
| 3:15 – 4:15 p.m. | avcaVPI™: How to Use Physical Metrics Testing Results to Influence Strength & Conditioning Training and Monitor Player Development* (<i>Strength & Conditioning – Intermediate</i>) | MCC Lower Level 100DE | Kathy DeBoer (AVCA) & Kyle Norris (Iowa Lakes Community College) |
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| 4:30 – 5:30 p.m. | Crossing the Bridge: Working with your Strength & Conditioning Coach in the Volleyball Club Environment* (<i>Strength & Conditioning – Intermediate</i>) – presented by Performance Conditioning | MCC Lower Level 100DE | Seng Chiu (Dulles Volleyball Club), Rob Rose (TrueAp) & Ken Kontor – Moderator (Performance Conditioning) |